Prayer for Handwashing in the time of COVID-19

this water is sacred
these hands are sacred
all that these hands will touch is sacred
this cleansing is sacred because
the well-being of all creatures is sacred
this moment of washing away all that does not serve is sacred
this resistance to fear is sacred
this way of tending to the most vulnerable I encounter is sacred
this act of care for myself and others is sacred because
touch is sacred and
all that these hands will touch is sacred
these hands are sacred
this water is sacred